

**Mt. Lebanon Recreation Department  
Return to Play Plan  
COVID-19 Health and Safety Guidelines  
Ultra Lite Hockey League  
Senior Hockey League**

**Effective 02-08-2021**

The Mt. Lebanon Ice Center will resume offering the programs listed above under strict guidelines to protect the health and safety of our patrons and staff. We will follow all the latest guidance from the Allegheny Health Department, the PA Department of Health and the CDC.

**Advance registration is required.** Advance registration is required in order to control the number of participants, prevent crowding and enable physical distancing. Registration will be available online at [https://mtlrec.activityreg.com/ClientPage\\_t2.wcs](https://mtlrec.activityreg.com/ClientPage_t2.wcs)

**Arrival and departure instructions-** Skaters will arrive dressed (except for skates) and ready to skate. Entrance doors will be opened no earlier than 15 minutes prior to the rental or game time. Skaters will enter the building as designated by their organization's schedule. Skaters will be assigned to use the home entrance for the lobby changing area or Locker Rooms C and D, or the visitors' entrance for locker rooms A and B or the rear corner changing area. Masks must be worn in the lobby, locker rooms, restrooms and all common areas of the building. Skaters must leave the ice immediately at the end of their session and exit the building within 15 minutes through the same doors they used to enter. Spectators will be admitted 5 minutes prior to the activity through the main entrance and must leave within 5 minutes after the end of the activity through the same doors.

**Spectators-** Spectators are restricted to one adult per player for a game or practice, up to a maximum of 40 spectators. Minor children are not permitted.

**Traffic Patterns-** All players using the lobby will enter and exit the ice through the home team bench. Teams assigned to locker rooms A, B, C, and D will enter and exit the ice through the Zamboni gate. Players using the back corner will enter and exit the ice through the gate in the back corner. Players have 15 minutes to remove their skates and exit the building. Players must maintain social distancing and wear masks at all times when off the ice including while using the hallway to access their changing area.

Spectators will enter the building through the main entrance no more than 5 minutes before their scheduled activity and proceed immediately to the bleacher area. Spectators will exit the bleachers and building via the main entrance immediately at the conclusion of the activity. Spectators must wear masks and be socially distanced at all times when in the facility.

**Mask Requirements-** Everyone, including employees, coaches, athletes, officials and spectators must wear face coverings, when in and around the ice center building at all times. This includes while on the ice actively engaged in workouts, competition, and on the sidelines, etc.

**Practice physical distancing-** Physical distancing among patrons and employees will be enforced at all times. Please stay 6 feet apart from others at all times. No handshakes and no high fives. Bleachers will be marked with a blue plus (+) to indicate where spectators may sit in order to remain 6 feet apart.

**Restrictions-** Mt. Lebanon has entered into an agreement with LiveBarn to stream games and practices. Other private or commercial streaming or broadcasting is not permitted.

**No shared equipment-** Do not share sticks and other equipment. Skate rental and sharpening are not available.

**No large groups-** Group size is limited to a total of 100 people. This includes up to 60 athletes, coaches and other necessary personnel and up to 40 spectators. Do not linger at the facility. Please leave as soon as your rental or activity has ended.

**Elimination of touch points-** The doors to the lobby and restrooms will remain open and should not be touched by anyone except for staff when opening and closing the facility. Other permanent fixtures, tables and vending machines are closed.

**Maintain cleanliness-** We will clean and disinfect high touch areas routinely in accordance with guidelines issued by the Centers for Disease Control and Prevention (CDC).

**Signage-** Appropriate signage is in place to direct patrons and inform them of the proper procedures, as well as to remind them of distancing, masking and other requirements.

**Protection for employees-** Employees will be provided access to regular handwashing with soap, hand sanitizer and disinfectant wipes. Masks and gloves will also be provided to employees. The ice center already has a transaction window to protect the staff if a customer requires assistance or direction. **The rest of the recreation center building is off limits to customers.**

**Restrooms-** Lobby restrooms will be provided for emergency use and will be sanitized regularly. Restroom stalls will be spaced and marked accordingly. **When locker rooms are in use, restrooms in the locker rooms will be open. Shower areas will remain closed.**

**Sanitization-** In addition to cleaning and sanitizing the facilities, a hand sanitizing station and sanitizing wipes will be provided.

**Bring a refillable water bottle (filled at home). Vending machines and drinking fountains are closed. Team water coolers for sharing through disposable cups are not allowed.**

**Concession stand-** The concession area will remain closed until further notice.

**COVID-19 symptoms and monitoring-** Please note any fever (temperature of 100.4 or higher), cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting or diarrhea. Stay home if you have these symptoms. Notify Tim Ishman, Assistant Recreation Director immediately if you experience these symptoms during your session. You may contact Tim at 412-343-4533 or [tishman@mtlebanon.org](mailto:tishman@mtlebanon.org). Officials must also check their own temperature before each session starts and monitor participants for symptoms during the sessions. Players and officials are required to report any symptoms should they begin to experience any during the sessions.

**Hand sanitizing-** Everyone is required to use hand sanitizer, containing at least 60% alcohol, during any breaks and after using the restrooms.

**In general, protect yourself and others.** Don't come to the ice center if you feel sick or are otherwise at risk. Bring hand sanitizer with you and use it often. Practice good hygiene by covering coughs or sneezes with a sleeve or elbow.

**Mt. Lebanon Recreation Department Plan of Action for COVID-19 Related Illness**

- Should a program participant, employee, instructor, visitor or volunteer display COVID-19 symptoms during a recreation department program, he/she will be immediately removed from the group, masked if not already, and isolated. If the person who is ill is a minor, the parent or guardian will be notified immediately, and they will need to pick up their child as soon as possible. Testing for COVID-19 will be recommended for the person who is ill.
- The COVID-19 point person for the Recreation Department will contact the Allegheny County Health Department, get their determination about isolation or quarantine needs, and comply with those recommendations.
- Employees or instructors who are uncomfortable or unable to return will be directed to the Human Resources Manager.
- Areas used by a sick person will be closed and not used until they have been cleaned and disinfected (for outdoor areas, this includes surfaces or shared objects in the area, if applicable). We will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, we will wait as long as possible.
- Those who have had [close contact](#) with a person diagnosed with COVID-19 will be advised to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop.

**COVID Point of Contact-** Tim Ishman is the recreation staff person responsible for responding to COVID-19 concerns. You may contact him at: 412-343-4533 or [tishman@mtlebanon.org](mailto:tishman@mtlebanon.org). If you or someone in your organization has been exposed to a probable or confirmed case of COVID-19, please contact him immediately.

**Questions?** - If you have any questions, you may call the ice center at (412) 561-4363.

**All rules and policies are subject to change. Failure to follow these instructions will be grounds for revoking skating and/or spectator privileges.**