

Winter

2017
January - March

MT. LEBANON
ICE CENTER
HOCKEY STAFF

David Hornack
Assistant Manager

Beginner Skaters
Classes meet once per week
Studio Rink

HOCKEY SCHOOL



Mt. Lebanon Ice Center
900 Cedar Boulevard
Pittsburgh, PA 15228

(412) 561-4363

www.mtlebanon.org

Train for the fastest game on earth. The Mt. Lebanon Hockey School offers many new and innovative concepts based on the philosophy that hockey should be fun.

The hockey school enables players ages 4 to 12 with all ability levels to participate and learn the skills of the game in a progressive, no pressure atmosphere at an affordable price. Small size classes, P.S.A. Skating Professionals, certified USA Hockey Instructors and weekly scrimmages. Class held on MTL Studio Rink.

EQUIPMENT: See reverse side of this flyer

ATTENTION PARENTS: Skaters age 10 and younger must have an adult present in the building during the child's activity.

ENROLLMENT DATE: Begins December 1, 2016

Additional class will be added if needed

DAY	2017 DATES 8 WEEKS	ACTIVITY NAME	AGE	TIME	FEE
Tuesday	January 10 – February 28	Hockey School Winter - Level 1 & 2	4-8	6:40 p.m. – 7:20 p.m.	\$120.00
Tuesday	January 10 – February 28	Hockey School Winter - Level 1 & 2	4-12	7:20 p.m. – 8:00 p.m.	\$120.00
Thursday	January 12 – March 2	Hockey School Winter – Level 2 & 3	4-12	7:00 p.m. – 7:40 p.m.	\$120.00
Thursday	January 12 – March 2	Hockey School Winter – Level 4 & 5	4-12	7:40 p.m. – 8:20 p.m.	\$120.00

NSF CHECK POLICY: An administrative fee of \$20 will be added to each occurrence of a returned check

REFUND POLICY: Refund requests must be made a minimum of 7 days prior to event. See www.mtlebanon.org for details

REGISTRATION:



Online - Register for as many programs as you like, for **one low convenience fee of \$2.00 per shopping cart**. All you need is your MasterCard or Visa. Save time, money and gas by registering online today! Go to our website at www.mtlebanon.org, click the  button at the bottom of the page, then click "Register online" in the middle of the page.

In person – Mt. Lebanon Recreation Department 2nd floor, Monday through Friday 8:30-5:00 p.m., closed Saturday and Sunday
Mt. Lebanon Ice Center 1st floor, Monday through Saturday 9:00 a.m. - 8:00 p.m., Sunday 9:30 – 4:00 p.m.
Mt. Lebanon Tennis Center 7:30 a.m. – 10:00 p.m. (May 1 – September 30 only)
Make checks payable to: Mt. Lebanon, PA Visa, MasterCard, & Debit Cards accepted

QUESTIONS: Please call the Mt. Lebanon Ice Center (412) 561-4363

LeboALERT – A FREE notification service (phone, text, e-mail). In the event of an emergency and to provide you with updates about cancellations and recreation department programs and events. Please visit www.mtlebanon.org, hover over Services at the top of the page. Under Information Technology Office, click LeboAlert.. All recreation participants should sign up, and at minimum select the "Cancellations" category.



LeboNet - Free wireless in the Mt. Lebanon Recreation Center

MW ICE CENTER DOCS 2017 HOCKEY WINTER JAN-MAR HOCKEY SCHOOL PAGE 1 OF 2

MT. LEBANON RECREATION DEPARTMENT

MT. LEBANON HOCKEY SCHOOL

HECC CERTIFIED EQUIPMENT LIST

	HOCKEY SKATING SKILLS	EQUIPMENT
LEVEL 1	MOVING HOCKEY STANCE ONE FOOT BALANCE FORWARD POWER SWIZZLE BACKWARD POWER SWIZZLE ONE FOOT SKID	ICE HOCKEY HELMET FULL FACE MASK ELBOW AND KNEE PADS GLOVES HOCKEY SKATES WOODEN BLADE HOCKEY STICK
LEVEL 2	HOCKEY TURNS FORWARD STRIDE FORWARD OUTSIDE EDGE TWO FOOT SKID	ICE HOCKEY HELMET FULL FACE MASK HOCKEY SHIN GUARDS HOCKEY ELBOW PADS GLOVES HOCKEY SKATES WOODEN BLADE HOCKEY STICK
LEVEL 3	HOCKEY STOP (L OR R) FORWARD CROSSOVERS BACKWARD STRIDE BACK TO FORWARD STEP-OUTS BACK STOPS-ONE FOOT	ICE HOCKEY HELMET FULL FACE MASK HOCKEY SHIN GUARDS HOCKEY ELBOW PADS GLOVES HOCKEY SKATES WOODEN BLADE HOCKEY STICK
LEVEL 4	BACK OUTSIDE EDGE BACK STOPS TWO FEET HOCKEY STOPS (BOTH) FRONT TO BACK 180'S	ICE HOCKEY HELMET FULL FACE MASK HOCKEY SHIN GUARDS HOCKEY ELBOW PADS HOCKEY GLOVES HOCKEY SKATES WOODEN BLADE HOCKEY STICK
LEVEL 5	BACK CROSS OVERS BACK STARTS NEUTRAL STARTS CROSS OVER STARTS	ICE HOCKEY HELMET FULL FACE MASK HOCKEY SHIN GUARDS HOCKEY ELBOW PADS HOCKEY GLOVES HOCKEY SHOULDER PADS HOCKEY PANTS ATHLETIC PROTECTOR HOCKEY SKATES WOODEN BLADE HOCKEY STICK

