

MT. LEBANON RECREATION DEPARTMENT

# 2017 Senior Luncheons



at the Mt. Lebanon Recreation Center

900 Cedar Boulevard, 2<sup>nd</sup> Floor, Pittsburgh, PA 15228 412-343-3409 www.mtlebanon.org

We welcome residents and non-residents. The luncheons, one held every month, have fun, seasonal themes. It's an 'afternoon out with friends' with a delicious lunch, activities & entertainment, speakers, a 50/50 raffle & an afternoon activity/movie. Bingo is held in June & November.

## January 17

*Brain Exercises for the New Year!*



10:30 am: Check in at Rec Office

11:00 am: 'Maintain your Brain'

Kevin Kramer of 'Silver Scholars'

Noon: Brunch & 50/50 raffle

1:00 pm: Movie Matinee

Sponsored by:



## February 21

Be sure to wear Valentine's colors!



10:30 am: Check in at Rec Office

11:00 am: Visit from Ron Fleck, PT

Diabetes Awareness:

'Eat right & exercise'

Noon: Lunch & 50/50 raffle

1:00 pm: Movie Matinee

Sponsored by:



## March 21

*Wear your green this month!*



10:30 am: Check in at Rec Office

11:00 am: Arthritis Presentation:

Managing Aches & Pains

Noon: Lunch & 50/50 raffle

1:00 pm: Movie Matinee

Sponsored by:



### MONTHLY FEE: \$6.00 PER PERSON

**Register by the Friday before the luncheon. Registrations after the deadline are ONLY accepted if space permits. A late fee will be charged. Walk-ins are not encouraged.**

Refunds will be given up to one week before the scheduled luncheon. Only paid reservations are accepted.

**Make checks payable to: MT. LEBANON, PA**

**LUNCHEON TICKETS:** Please pick up your lunch ticket on the day of the luncheon at the Mt. Lebanon Rec Dept office on the 2<sup>nd</sup> floor.

You may pay for several reservations at one time. The form below must be completed and attached with each payment.

#### MT. LEBANON REGISTRATION FORM

#### 2017 Edition No. 1 of SR LUNCHEON & MOVIE MATINEE

By registering for this program, activity or trip, individually and/or as the parent/guardian of any minor or minors, I understand that by engaging in recreational activities, programs or trips sponsored by the Municipality of Mt. Lebanon Recreation Department, I am utilizing recreational facilities owned, operated, maintained or utilized by the Municipality of Mt. Lebanon Recreation Department. I expressly acknowledge and accept that participation in said activities may create a risk of injury to persons or property and I hereby expressly assume such risk and release, remise, and forever discharge the Municipality of Mt. Lebanon Recreation Department and the Municipality of Mt. Lebanon, Pennsylvania, and its respective officers, agents and employees from any liability for any and all claims, suits or causes of action arising from injuries to my person or property and/or to any minor that I have registered or his/her property as a result of my/his/her participation in this recreational activity, program or trip. I have read this release and intending to be legally bound, I have set my signature hereunder.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signer – Please Print Your Name \_\_\_\_\_

PRINT NAME \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT # \_\_\_\_\_ Zip \_\_\_\_\_

PRINT EMAIL ADDRESS: \_\_\_\_\_

Please check luncheon dates you are registering for:  January 17  February 21  March 21

FEE: \$ \_\_\_\_\_

SR TRIPS 01-4229-34104