



Need Help Now?

If you or someone you care about is having a problem with drugs or alcohol there are several basic ways to get help:

There is a county Drug and Alcohol Office that you can call that can help walk you through your options for getting help. Allegheny County residents would contact:

Allegheny County Department of Human Services
Office Of Behavioral Health
Bureau of Drug and Alcohol Services

One Smithfield Street
Pittsburgh, PA 15222

p: 1-800-553-7499

Hours: Weekdays, 8:00 a.m. - 4:00 p.m.

Services: Information only

Population served: Residents of Allegheny County who are uninsured /underinsured

If you are from another county, you can locate the phone number for your county office in the blue pages of your local phone book under “county offices” or by searching for the office in the county where you live on the following website:
www.ddap.pa.gov/needhelpnow

Persons that are Allegheny County residents with Medical Assistance (HealthChoices):

Community Care Behavioral Health

One Chatham Center
112 Washington Place
Pittsburgh, PA 15219

p: 1-800-553-7499

If you have health insurance,

including medical assistance, there should be a phone number on your insurance card that you can call to find out how to access services. The card may say, “For Behavioral Health Services” or “For Drug and Alcohol Services” or “For Substance Abuse Services” call the number provided.

Prevention Point Pittsburgh (PPP)

PPP provides health prevention and risk-reduction education, crisis intervention and counseling, assistance to drug treatment, health care, housing, food pantries and other necessary social services as well as safe, non-judgmental outreach services. Contact the Overdose Prevention Project at 412-247-3404 or visit Prevention Point Pittsburgh (www.pppgh.org) for more information.

Anyone who uses opioids for any reason should be prescribed naloxone to carry with them in case of overdose. You can get naloxone, prescribed by a doctor, through Prevention Point Pittsburgh (3441 Forbes Avenue, Pittsburgh – Sundays from 12:00-3:00 p.m.) or by asking your own doctor. Visit prescribetoprevent.org/ for information on how to prescribe.

If it is after regular business hours you can contact:

re:solve Crisis Network — 1-888-7-YOU-CAN (1-888-796-8226)

This toll-free number will access around-the-clock telephone crisis counseling, emergency care, and referrals for individuals in crisis situations. When indicated, mobile crisis services can be provided at home, at the crisis site, or at a provider's office.

Message Carriers of Pennsylvania, Inc.

After hours Telephone Recovery Support Helpline

p: 412-463-7006 (from 5:00 pm-12:00 am)

A Message Carriers Telephone Recovery Specialist monitors the helpline and can offer support in navigating service systems, and referring callers to treatment facilities.

If it is after regular business hours and it is a **medical emergency**,

you should seek help at your local hospital emergency room.

Local support groups, such as Alcoholics Anonymous, Narcotics Anonymous, Al-Anon (for family members)

exist in many locations and can be accessed free of charge and without any “membership” commitment.

You can learn about what meetings exist in your area by calling the listing in your local phonebook.

In Allegheny County a possible contact would be

ONALA Recovery Support Services

1625 West Carson Street

Pittsburgh, PA 15219

p: (412) 471-8797

Recovery meetings are also often listed in the community section of the local newspaper. The county drug and alcohol office may also assist you with information about meetings in your community.

Please visit our website for more information on how to save a life: www.alleghenycounty.us/dhs/save-a-life.aspx