

yoga

JANUARY - FEBRUARY 2017

MT. LEBANON RECREATION DEPARTMENT
900 CEDAR BLVD 2ND FLOOR
PITTSBURGH, PA 15228
412.343.3409
www.mtlebanon.org

TUESDAY EVENING



Maggie Borza-Petrie E-RYT 200, RYT 500 has been practicing yoga since 2003 and received both her 200 and advanced 500 hour certifications. She incorporates various styles of Hatha yoga in her practice and teaching and believes that yoga is for everyone.

Her light hearted style encourages students to find strength, flexibility and peace of mind through patience, breath awareness and a sense of humor. Maggie continues to be inspired by attending workshops and studying with senior teachers.

WHO: Adults
WHERE: Mt. Lebanon Recreation Center 2nd Floor, Room B

EQUIPMENT: Bring a yoga mat
INSTRUCTOR: Maggie Borza-Petrie or staff
WALK IN FEE: Make checks payable to: Mt. Lebanon, PA or exact cash amount of \$8.00

ACTIVITY INFORMATION:

ACTIVITY NUMBER	DAY	ACTIVITY NAME	2017 DATES 7 Week Session	TIME	RESIDENT FEE	NON-RESIDENT FEE
W17-2018	Tuesday	Yoga	January 10 - February 21	7:00 – 8:00 p.m.	\$46.00	\$51.00
W17-2019	Walk in Tuesday	Yoga	January 10 - February 21	7:00 – 8:00 p.m.	\$ 8.00	\$ 8.00

NSF CHECK POLICY: An administrative fee of \$20 will be added to each occurrence of a returned check

REFUND POLICY: Refund requests must be made a minimum of 7 days prior to event. See www.mtlebanon.org for details

REGISTRATION:



Online - Register for as many programs as you like, for **one low convenience fee of \$2.00 per shopping cart**. All you need is your MasterCard or Visa. Save time, money and gas by registering online today! Go to our website at www.mtlebanon.org, click the  button at the bottom of the page, then click "Register Online" in the middle of the page.

In person – Mt. Lebanon Recreation Department 2nd floor, Monday through Friday 8:30-5:00 p.m., closed Saturday and Sunday
Mt. Lebanon Ice Center 1st floor, Monday through Saturday 9:00 a.m. - 8:00 p.m., Sunday 9:30 a.m. - 4:00 p.m.
Mt. Lebanon Tennis Center 7:30 a.m. – 10:00 p.m. (May 1 – September 30 only)
Make checks payable to: Mt. Lebanon, PA Visa, MasterCard, & Debit Cards accepted

QUESTIONS: Please call the Mt. Lebanon Recreation Department (412) 343-3409

LeboALERT – A FREE notification service (phone, text, e-mail). In the event of an emergency and to provide you with updates about cancellations and recreation department programs and events. Please visit www.mtlebanon.org, **hover over Services at the top of the page. Under Information Technology Office, click LeboAlert.** All recreation participants should sign up, and at minimum select the "Cancellations" category.



LeboNet - Free wireless in the Mt. Lebanon Recreation Center